

Star Trek the Next Generation One-Week Episode Guide

Watch the entire series by watching only the best episodes: 3-4 eps/day.

Here are the best episodes (asterisks indicate my favorites).

Season Episode

- 2 Where Silence Has Lease The crew is held hostage by a being curious about human death.
- 2 A Matter Of Honor Commander Riker is assigned to a Klingon vessel which attacks the Enterprise.
- 2 The Measure of A Man Picard is enlisted to defend Data's rights as a sentient being in court.
- 2 Peak Performance A simulated war game turns deadly when the crew is ambushed.
- 3 Who Watches the Watchers After an accident at a research station, the Enterprise is forced to intervene.
- 3 Yesterday's Enterprise A time rift brings the previous starship Enterprise from the past into the present.
- 3 The Offspring Data becomes a father when he creates an android.
- 4 Future Imperfect Riker wakes in sickbay to discover that it is 16 years later and he has amnesia.
- 4 Data's Day Data describes a day in his life aboard the Enterprise
- 4 First Contact Enterprise contacts a planet about to launch into space.
- 4 The Host Introducing the Trill species... a dual species that consists of a symbiant and a host
- 5 Darmok ** The Enterprise encounters a race with whom communication seems impossible.
- 5 Conundrum Every person on the Enterprise suddenly has no memory.
- 5 The Outcast An androgynous race asks the Enterprise to help find a lost shuttle.
- 5 Cause and Effect ** The crew feels a sense of déjà vu.
- 5 I, Borg The crew finds an injured Borg
- 5 Inner Light ** Picard lives another life...
- 6 Frame of Mind Riker questions his sanity.
- 7 Lower Decks Focus on junior officers on the Enterprise.
- 7 Thine Own Self Data loses his memory and Troi decides to become a bridge officer.

These episodes aren't great, but have some important character/story arc content:

Season Episode

- 2 Datalore The crew discovers Data's android brother Lore.
- 3 Deja Q Q has been stripped of his powers by the Q Continuum and sent to the Enterprise.
- 3 Sins Of The Father Worf is thrust into a battle for his family's honor in the Klingon Empire.
- 4 The Loss Troi discovers that she is empathically blind and resigns as ship's counselor.

...and then, the terrible episodes:

Season Episode

- 7 Genesis Pretty damn dumb episode... but I'm afraid a lot of the Season 7 episodes are.
- 5 Cost of Living This is the second worst STTNG episode ever!
- 7 Masks This is the very worst STTNG episode ever!